

Statins: Curse or Cure?

Written by PAG

Monday, 18 September 2017 19:52 - Last Updated Saturday, 23 September 2017 17:09

Public Meeting

Statins: Curse or Cure? A Public Debate.

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"Each capsule contains your medicine plus a treatment for each of its side effects."

Dr Alex Allinson MHK

and

Courtenay Heading

Monday 25th September 2017 at 7:30 p.m.

Manx Museum Theatre, Douglas

The event is free and open to all

The cost and funding of prescription drugs is a hot topic in the Isle of Man.

Positive Action Group (PAG) kicks off its monthly series of public meetings with a debate about the wisdom of widely prescribing statins to adults. Statins are drugs which lower cholesterol in the blood. Elevated levels of cholesterol are associated with an increased risk of heart attack and stroke, and often devastating problems.

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The British Heart Foundation identifies two groups of people who benefit from statins - those who already are at high risk and those who potentially are at risk. Taking statins is one option to lower the risk. But is the drug safe? What are the side effects? Should the NHS be prescribing a preventative pill when there are other ways to achieve a healthier non-risk life style?

Guest speaker **Courtenay Heading** is a former Healthcare Innovation Consultant to the Isle of Man Government. He firmly believes that adopting a healthy life style pays untold dividends and has amassed a wealth of information which is contrary to conventional medical practice. He rejects what he perceives as the pill culture and the cost to us all.

Dr Alex Allinson MHK, is a practising doctor who is well aware of the advantages of statins. He will advocate those benefits and the continued use of the drug.

Following the debate there will be adequate time for questions from the audience.